



*Welcome to our Visitors: We are honored to have you come to worship with us. You may find the worship of the Ancient Church rather different. If you are unfamiliar with the worship of the Byzantine Church, simply listen to the Liturgy and allow the rest of the*

*congregation to carry you in worship. We understand Communion to be an act of the unity of our Faith; however, while we work towards it, this unity regrettably does not now exist. Therefore, only baptized Catholics in the State of Grace are permitted to participate in the Holy Communion.*

**DIVINE LITURGY & PARISH SCHEDULE**

**Sun. 2<sup>nd</sup>** 9-9:40 am Confessions  
 9:40 am **THIRD HOUR**  
 10:00 am *Living & Deceased Parishioners*  
**Forgiveness Vespers**

**Mon. 3<sup>rd</sup>** 7:30 pm **PRESANCTIFIED LITURGY**  
**DAY OF STRICT FASTING**

**Tues. 4<sup>th</sup>**

**Wed. 5<sup>th</sup>** 7:30 pm

**Thur. 6<sup>th</sup>**

**Fri. 7<sup>th</sup>** 6:00 pm

**Sat. 8<sup>th</sup>** 9:00 am *Health & Salvation of Ohm Family*  
 (Subdeacon Michael Melnick)

**Sun. 9<sup>th</sup>** 9-9:40 am Confessions  
 9:40 am **THIRD HOUR**  
 10:00 am *Living & Deceased Parishioners*

**MYSTERY OF PENANCE** is offered every Saturday at 5 pm and before all Liturgies (or by appointment)

**Weeklong Candle Intentions**

**ETERNAL LIGHT: Special Intentions of Sanctuary Group**

**CHRIST: Special Intention** (Betty Bohner)

**CHRIST: Stephen Dimora** (Nina Erickson)

**THEOTOKOS: Special Intentions** (Helen Bruce)

**THEOTOKOS: Nicholas Demora** (Nina Erickson)

**CHRIST ENTHRONED: Bob Erickson**

*Candle Intentions can be requested by filling out an envelope found in the Narthex. Donation is \$4.00*

**OUR ALTAR SERVERS**

Erik Cline, Anthony Gath, Chance Michael Hamaker, Ian Ward, Liam Ward, Nigel Ward, Jonny Weil

**REMEMBER IN YOUR PRAYERS**

Jean Anderson, Margie Aquilar, Marjory Bates, Betty Belanger, Mary Ann Bennett, Jennie Bergeron, Margaret Bivens, William Brown, Marc Brown, Ann Caldrin, Martha Cline, Dolores Demko, Launev Dovin, Fr. Harold Drexler, John Ewing, Danny Felix, Monica Flores, Ramon Flores, Estela Garcia, Michael Hamaker, Patricia Harrison, Dorothy Hazard, Alex Justic, Patricia Kanenbley, Deanna Keefe, Don & Irene Knapp, Ray & Felicia Kuna, Anthony Kuwae, Fr. James Lane, Don Jose Gallegos Marin, Jean Mayo, Nick Moyta, Elaine Nale, Karen Nale, Stella Navarrette, Veronica Navarrette, Peter Nesbella, Evdokiya Obushko, Helen Onder, Carol Pasmant, Katherine Peavey, Betty Perebza, Rosemarie Persek, Fr. John Petro, Fr. Christopher Petruska, Fr. Gregory Petruska, John Pipta, Mary Jane Pipta, Deacon Paul & Irene Pipta, Rita Pipta, Laura Schaufel, Richard Sesma, Diana Shea, Irene Shiring, Robert Skopeck Sr., Gail Strachan, Dr. Stephen Torday, John Valdez, Maria Valdez, Robert Valdez, Robert Vida, Susie Vida, Pilar Vree, Robert Morris Weil, Don Wilson, Brian Wollwebber, Fr. Chris Zuger.

**The Holy Father's Prayer intentions for March:** The Pope's universal prayer intention for March is "that all cultures may respect the rights and dignity of women".

**His prayer intention for evangelisation** is "that many young people may accept the Lord's invitation to consecrate their lives to proclaiming the Gospel".

**PLEASE PRAY FOR THOSE IN OUR MILITARY:**

Jerelle Hamaker, Allen Latimer, Dennis Lloyd, Scott Nale, Michael Perko, Matt Reynolds, Robert Skopeck Jr.

**Epistle/Cantor Schedule**

3/02/2014	<b>Rehearsal</b>	9:00 - 9:45 am
	Mike Petyo	Romans 13:11-14: 4
3/09/2014	Kester Bailey	Hebrews 11:24-26,32-12:2
3/16/2014	<b>Rehearsal</b>	9:00 - 9:45 am
	Ron Pasmant	Hebrews 1:10-2:3

**THE VOCATION TRAVELING ICON** is at the home of the Malinick Family Feb. 23<sup>rd</sup>-March 9<sup>th</sup>. Please join your prayers with theirs that the Lord Blesses His Holy Church with more priests, monks and religious.

**Tithes, Gifts & Finances: 23 February, 2014**

Adult Tithes	\$3,790.40
Youth Offerings	9.87
Holy Day	100.00
Bishop's Appeal	50.00
Votives	4.00
Loan Principal Reduction	2,485.00
Mortgage Reduction	200.00
Mardi Gras	400.00
Mardi Gras (tickets)	2,080.00
Fr. Pipta's Luncheon	75.00
<b>Total</b>	<b>\$9,194.27</b>

**ALL SOULS:** The second All Souls Liturgy will be offered Saturday, March 15<sup>th</sup>

**LAST CHANCE!!!!** You don't want to be the only one with the Pascha foods for your Easter Basket do you!?!? **ORDER SHEETS for Pascha foods are due this morning!!!!** Please fill out your request and give it to Helen Bruce. By ordering early you allow us to plan more effectively.



**THANKS TO ALL WHO WORKED SO HARD TO MAKE THE MARDI GRAS A WONDERFUL SUCCESS!**

**A FEW ITEMS FROM THE HOLY MONEY**

**CHANGERS:** Please remember to write separate checks for a) Tithes, b) Principal reduction and c) Bishop's Appeal. Also, it helps greatly if you return the white slip with the Bishop's Appeal. This informs us if your offering is complete or if we should look for another...(so to speak).

**A VERY PLEASANT SURPRISE!** This week we received a \$ 2,000 check for the Principal Reduction! It came from an old friend of Monsignor Moran in honor of his 50<sup>th</sup> Anniversary of ordination. I would share with you the wonderful things the letter said about the good Father Moran but he would blush. Maybe consider giving a gift to reduce the principal in honor of a loved one or in memory of a great priest or sister who touched your life in the past.

**ECPA SPONSORED LENTEN DAY OF RECOLLECTION:**

In an effort to reap the greatest possible benefits from the time of the Great Fast while sharing greater fraternity among our parishes, the clergy of the Eastern Catholic Pastoral Association of Southern California invite the faithful of their parishes to a Lenten Day of Recollection on Saturday, 8 March 2014. The event is to take place at Saint Nicholas of Myra Byzantine Catholic Church in Fontana, California. Starting time is 10:30 AM and conclusion at 7 PM. Father Justin Rose of the Melkite Eparchy of Newton is giving two talks with time for questions. His themes will include trusting in God, repentance, awakening to God's presence, and the New Evangelization. Cost per person is \$20. For further information, please contact Fr. James at 714-533-6292.

**PYSANKI WORKSHOP!** Our own Don Knapp will be teaching classes on the ancient tradition of making PYSANKI. The classes will be from 10-2:30 pm Saturday, March 22nd. Please reserve a place by speaking to Sue Petyo. Cost will be \$20.



**GREAT FAST REGULATIONS FROM HIS GRACE, BISHOP GERALD** February 26, 2014 Protocol Number: 20/2014i

**Memorandum REGARDING:** Fasting and Liturgical Directives for the Great Fast—2014

*The Most Reverend Gerald N. Dino, Bishop of the Eparchy of Phoenix, has asked that the following directives be communicated to the parochial clergy, religious and faithful.*

**1. ABSTINENCE**

- a. The law of abstinence forbids the use of meat, but permits the use of eggs and dairy products.
- b. Abstinence is to be observed on all Wednesdays and Fridays of the Great Fast.
- c. All of the faithful of the Eparchy who receive Holy Communion are obligated to abstain.

**2. STRICT ABSTINENCE**

- a. The law of strict abstinence (fast) forbids the use of meat, eggs and dairy products.
- b. Strict Abstinence is to be observed on the
  - First Day of the Great Fast, Monday, March 2<sup>nd</sup>
  - Good Friday, April 18<sup>th</sup>.
- c. All Adult faithful—18 years and older—who receive Holy Communion are obligated to observe strict abstinence.

**3. DISPENSATIONS:** Pastors and Administrators may, for a just cause, grant to individual faithful and to individual families dispensations or commutations of abstinence and strict abstinence into other pious practices.

**4. LITURGY OF THE PRESANCTIFIED GIFTS:**

- a. In keeping with our Byzantine Catholic liturgical prescriptions, the Liturgy of the Presanctified Gifts is celebrated on Wednesdays and Friday of the Great Fast and the first three days of Holy Week, normally after 4:00 PM.

**b.** For pastoral reasons, at least one Presanctified Liturgy is to be celebrated each week and at least one during the first three days of Holy Week.

**5. ALL SOULS' SATURDAYS**

The All Souls' Saturdays are to be observed on the designated Saturdays with the celebration of the Divine Liturgy and the reading of the Diptychs for the faithful departed.

**6. SOLEMN FEAST OF THE ANNUNCIATION**

The Solemn Feast of the Annunciation is celebrated with a Divine Liturgy that must be celebrated on the evening of March 25<sup>th</sup> according to the Typikon.

**7. WEEKDAY DIVINE LITURGY**

**a.** In keeping with our ancient traditions, Divine Liturgy is not to be celebrated on the weekdays of the Great Fast.

**b.** Pastors are encouraged to offer other services during the weekdays of the Great Fast in keeping with our traditions as a Byzantine Catholic Church, namely Matins, an Hour of the Divine Praises, & Vespers or Compline

**8. VESTMENT COLOR**

**a.** Bright or white vestments are to be worn on the Sundays of the Great Fast, except on the Third Sunday when red vestments are prescribed for the Holy Cross.

**b.** Red or dark vestments are to be worn on the weekdays of the Great Fast.

**9. Liturgical Directives for Holy Week, Pascha, Bright Week and Pentecost**

Please review and follow the directive from the Eparchial Pastoral Handbook #525-524.

**Lenten Suggestions**

Zacchaeus strove to see Jesus Christ from a "unique vantage point". If we approach our Lenten efforts in a similar manner it is possible that we too will see Christ as clearly as did Zacchaeus. If we see the time of Great Lent as an opportunity to offer ourselves to God, then perhaps we also will be invited into His presence. Below are some suggestions for Great Lent, that may help limit the distractions of life that keep us from seeing Christ clearly, while quieting our being during the time of Great Lent.

**PARTICIPATE IN AS MANY OF THE LITURGICAL SERVICES AS POSSIBLE** Look over the weekly calendar and plan for the upcoming services.

Pray through the Canon of St Andrew during clean week. It is an amazing and beautiful service that makes repentance so clear to us and it is great exercise as well!

Although the Liturgy is not served during weekdays of Great Lent, the Presanctified Liturgy is available at least twice a week and offers us an opportunity to be strengthened by the Holy Eucharist through the week.

Do some studying of the liturgical services- . Take some time to do this and a whole new understanding of your faith and appreciation for the services will be opened to you.

*Take the day off of work and keep your children home from school on Holy Friday.* Come to the services and do your best to keep this day holy by dedicating the day to prayer and silence. **MAKE A GOOD CONFESSION.** We have 40 days to focus on our repentance. Confess your sins and unburden your heart.

**STRIVE TO KEEP THE FAST AS THE CHURCH DIRECTS US TO KEEP IT.** Don't make concessions or bargains with yourself or with the Church on how you will keep it. That being said, talk with your spouse and children about your expectations and decide as a family what you will do and what your expectations are. Talk with your kids about the fast. Educate them and let them participate in the fast as well.

**GIVE TO THOSE IN NEED.** Almsgiving, along with prayer and fasting make up the three stranded cord that I refer to as the "Lenten rope". These three combined strands, when practiced together, will give us a strong rope to hold onto during the time of the fast when things may get shaky.

I know of someone who fasted from eating lunch during Great Lent. The money that was saved by not going out for lunch each day was set aside. At the end of the fast, the money that was set aside each day was given to a family in need.

You can also give to the parish and direct that money be used toward our charitable offerings.

**GET UP EARLY.** Do this as an offering to God by giving yourself time to pray and to listen for Him. Give yourself a few minutes to read the holy scriptures and contemplate the coming day before setting off to work and school.

**PICK A SPIRITUAL BOOK TO READ.** Read the lives of the saints, the Psalter (psalms), or a book on prayer. I would be happy to suggest a few if you cannot decide.

**TURN OFF THE T.V.** If possible, put it out of sight for the entire time of Great Lent. If you can't do that, keep it off during the weekdays. Maybe limiting yourself to watching a family movie together on Sunday afternoon with the kids is a good way to put the television back in its proper place in the home.

**LIMIT YOUR TIME ON THE COMPUTER.** Most of us have to be on the computer for some amount of the day or because of work but we can still limit our personal time specifically spent on the Internet. Set a limit on how much time you will allow yourself to be on the Internet each day outside of work. Set a timer if you need to! Do you feel that you are a slave to your smart phone or email? If so, set a limit on how many times a day you will check them--maybe just once or twice a day.

**TURN OFF THE RADIO IN THE CAR DURING YOUR COMMUTE.** Enjoy the quiet and say the Jesus Prayer.

**SET ASIDE TIME SOLELY FOR FAMILY TIME.** Eat dinner together. Come to church services together. Play board games together. Sit together and read out loud.

**REDISCOVER AN OLD HOBBY OR TAKE UP A NEW ONE.** Even monks need a break from prayer, church services, and reading every now and then. They all have some sort of hobby or craft that they do when they feel to be inspired in another way.